



Ketamine: Know The Effects

Pain when you pee? Going more often? Lower stomach cramps?

Ketamine can cause serious bladder damage. If something feels wrong, get checked early.

We provide free, confidential advice on reducing the harms or changing your use. Get in touch.



01472 806890



<https://www.turning-point.co.uk/know-your-ket-lincs>



Lincolnshire
Recovery
Partnership